

Mary Faktor presents

# *Inner Voices ~ Smart Choices*

**INNER VOICES ~ SMART CHOICES** reaches people on an emotional level. This motivational program promotes life balance, relationships, communication, and stress reduction. Mary's blend of humorous anecdotes, thought-provoking poetry, and overhead cartoons makes this inspirational and educational workshop unforgettable — and life-changing!

- *Are you feeling stress & anxiety?*
- *Have you noticed your tension is higher & temper is shorter?*
- *Do you feel you need a morale boost?*
- *Are you experiencing stress-related illness?*
- *Are your personal/work relationships strained?*

**INNER VOICES ~ SMART CHOICES** will guide you to:

- *Keep a positive attitude in a negative world*
- *Reduce stress with simple & effective methods*
- *Take control of your life . . . without being controlling*
- *Make the right choices, based on natural consequences instead of exaggerated fears*
- *Improve relationships through new communication skills*

## **ABOUT THE SPEAKER**



**MARY FAKTOR** is a professional speaker, actor, business owner, and author. Mary is personally certified by Jack Canfield (*Chicken Soup for the Soul* series) and trained by Dr. John Gray (*Men are from Mars, Women are from Venus*). She is a member of the National Speakers Assn, Screen Actors Guild, American Federation of Television and Radio Artists, National Assn of Self Esteem, Cleveland Growth Assn, and is listed in *Who's Who of Professional Speakers*. A graduate of THE SECOND CITY, Mary speaks, performs, and facilitates a variety of interactive workshops throughout the country. She is featured in the Oscar-nominated film *AMERICAN SPLENDOR* and the PBS film *YOU ARE HERE*, among others. Mary's original one-woman comedy show, *THE SIX AGES OF WOMAN*, has delighted audiences for over two decades, and her poetry book, *INNER VOICES*, has touched the hearts of thousands of readers.

For more information:

**118 West Streetsboro Rd #252 • Hudson, OH 44236 • 888.913.3473  
330.655.2895 • [www.FactorsTalentNetwork.com](http://www.FactorsTalentNetwork.com) • [EsteemTalk@aol.com](mailto:EsteemTalk@aol.com)**

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## COMMENTS FROM SATISFIED CLIENTS

"With humor, humility, and grace, you kicked off our service event on a powerful note ... What an impact!"

—*Deloitte Consulting*

"You covered so many different topics everyone could relate to, and gave us useful tools in making smarter choices."

—*Getting the Edge Company [Successories]*

"The program was wonderful! I certainly felt empowered to make changes and live life to the fullest."

—*American Association of Diabetes Educators*

"I've never seen a speaker get so many 5's on their rating."

—*Henkel Consumer Adhesives*

"We received wonderful comments about your informative and introspective presentation."

—*Forum Health (University Hospitals Regional Network)*

"You were an overwhelming success both days."

—*Michigan Association of Hospital Auxiliaries*

"One of the best speakers yet."

—*Magruder Hospital*

"You gave us a lot to think about in a very real, sincere, and humorous way."

—*Educational Office Professionals of Ohio*

"Your useful and beneficial seminar treated our attendees to an excellent opportunity to grow in their professional development."

—*Clemson University*

"Your keynote presentation was awesome. ... Thanks for an enlightening afternoon."

—*Mentor Chamber of Commerce*

For more information:

Mary's other popular presentations include:

THE SIX AGES OF WOMAN

*comedy show*

VENUS & MARS MEET MYERS & BRIGGS

*keynote or workshop*

IMPROVE WITH IMPROV

*"fun" shop*

Rx LAUGHTER

*keynote or workshop*

INNER VOICES/ SMART CHOICES

*keynote or workshop*

THE SPIRITED WORKPLACE

*keynote or workshop*

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